



Bayside Presbyterian Women March 2020



Devotion

Release the Hurtful Stains of Your Past

What spots of sin do you return to again and again?



Do not be misled: 'Bad company corrupts good character.' Come back to your senses as you ought, and stop sinning; for there are some who are ignorant of God—I say this to your shame. —1 Corinthians 15:33–35 (NIV)

There is a spot in my new house where the carpet is old. From the moment I bought this house, I planned to replace it with floors I can mop. I soon found out that other pets had left their scent at one particular spot in this carpet and, though to our human noses we were none the wiser, my pets found it nearly impossible to pass the spot without quickly marking its territory. Dogs that had been house-trained for years could not resist the urge to leave their mark. When corrected and asked to stop, they would run and hide in shame.

No matter how many times I cleaned the spot, I would find a wet circle every few days. God has a way of getting my attention, even if it involves something as simple and unpleasant as urine stains.

I asked God to show me a lesson in this constant return to a dirty spot even when dogs were given a perfectly acceptable alternative. And as clearly as if God were sitting at my kitchen table, I realized I return to the same spots of sin in my life. If a person has betrayed me, I will return to his or her social media and ruminate on the betrayal, wishing for him or her to get what he or she deserves. Resentments are like returning to a bad stain, hanging out in an unpleasant place repeating sin. This is not what God has for me. We can replace the carpet in our home, but we often forget we can replace the stains in our heart. It is not God's plan that we return to the pain of our mistakes once they've been forgiven.

Do not return to the hurtful stains of your past. Walk into the new light of love God has for you.

Benevolence in the spotlight



In 1986, a community group consisting of local physicians and concerned citizens noticed an increasing problem of uninsured working poor residents in the city of Virginia Beach. The Beach Health Clinic was incorporated as a 501© 3 organization and provided basic healthcare to 43 uninsured Virginia Beach residents in that first year.

The Beach Health Clinic continues to provide comprehensive health care to the uninsured residents of Virginia Beach who are below the 200% federal poverty level. The overall health and wellness of the patients is of utmost importance and therefore, the Beach Health Clinic has embraced a community partnership and an array of volunteers which allows the clinic to function with only 2 full time employees.

The Beach Health Clinic has recognized the need for a larger focus on preventive care for the maintenance of health. With the help of volunteer providers, including medical, dental, health education specialist and a pharmacist, the clinic is able to deliver services Monday through Friday. This allows the clinic to provide and coordinate acute illness care, chronic condition management, oral health and health education. In addition, specialty care is provided in conjunction with local private practices which donate their services to our patient population. The clinic's on-site pharmacy facilitates compliance with the medical treatment plan by providing the appropriate medications, both on-site and the medication assistance through the Indigent Patient Program. The 2013 addition of a dental clinic was in response to the unmet need of our patient's oral health.

Beach Health Clinic Provides: General Medicine, Chronic care management for diseases such as diabetes, hypertension and asthma, Health education, Social Work, onsite pharmacy and medication assistance for established patients and Specialty services. Learn more at: <http://beachhealthclinic.org/about-us-2/>



Beginning Balance: \$ 2125.11
Ending Balance: \$ 2206.46

save the date

Upcoming dates to remember:

8 Mar: Daylight Savings Time begins: Spring forward 1 hr Sat. night before bed!

22 Apr: Auction gift basket donations due 22 Apr

25 Apr: St. Columba Dinner and silent auction

1 Mar – Apr: Easter basket collection, see Helmsman

29 March: Pet Blessing, 2pm



Always needed:

- Juice (approx. 64 oz) any kind
- Canned fruits of any size





Circle Reports



Circle 4: 8 members were in attendance. Hostess: Betsy Kennedy. Bible Moderator: Annette Conley. We discussed Lesson 5 The sixth word; You shall not murder. We all felt sure that this was a commandment that we certainly kept; as we dug deeper into the lesson, "Don't break, bruise, or crush, which can mean not to break the will of someone or crush his or her spirit, reading on in the text were other examples that when defined as the were, covered a wide range of behaviors and actions. We had great discussion.

Circle 6 : 9 members. Hostesses : Dana Williamson. Bible Moderator: Lacy Schimmel. Berny Wallace. Received a Thank you note from the Samaritan House. Prayer concerns: Jim and Jean Reid.

Circle 8: 15 members were in attendance. Hostess: Nancy Hamilton Bible Moderator: Janet Straddeck. Discussed "Women to Women It Matters" project. Martha will call women in charge and get details on the type of items needed and find out how to deliver them. Information will be sent to circle members. Members are encouraged to bring in small cosmetic bags to hold feminine products. Updated Circle 8 Membership Listing.

Circle 8 will make cookies for Kairos of Virginia on March 12th at 0930 in the church kitchen. May meeting will be at Joy Weatherspoon's home for an end of year celebration. Bobbie suggested that each Circle provide a basket for St Columba, April 25th Information was provided to Amanda to share with other circles. Circle 8 will look at this idea at the March meeting. Visits to our elderly: February: Donna/Judy visit Barbara Franklin, March: Nancy H. visit the Borchers, March: Martha/ Connie S visit Barbara Franklin, April: Donna/Judy visit the Borchers, April: Joy, Marie, and Janet visit Barbara Franklin. Next meeting: Hostess: Beth Montoya; Bible Study: Connie Z.

Prayer concerns: Jordan Mills, Chris Johnson, Ray Mechling, Bella Rose Weems, Martha Rudell's brother, Mildred Schmitz, Cook and Fran Florence, Carlos and Judy Fletcher

Welcome
SPRING