

# *Binnacle*

APRIL 2020

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***Please note, due to the coronavirus, all activities for the month of April are subject to be rescheduled and/or cancelled. Check Bayside's Facebook page and your email for updates.***

## Deadline



### **Bayside Publication Deadlines**

Weekly Bulletin - Wednesdays by 9:00 am

Minutes for Mission, Announcements, Flowers, Ushers

Weekly Helmsman - Thursdays by 9:00 am

Events, announcements, calendar updates

REVO or Electronic Bulletin Board - Thursdays by 9:00 am

Events, announcements

Monthly Newsletter - Binnacle - the 15th of each month.

Events, Ministry Notes, calendar updates, articles



Good afternoon Bayside family and friends,

I hope and pray all is well with each of you. In these days of social isolation I want to remind you that while we are currently separated by space and distance we will get through this together. You remain in our prayers and we are reaching out to those in our continuing care facilities, beyond that if you have an immediate need for something like groceries or medicine we have people that are willing to pick those things up and deliver them to you if you are unable to make those arrangements. Your session is meeting tonight via a conference call and the staff remains connected and will be holding staff meetings next week via zoom. We will worship again this Sunday via Facebook live at 10 am. I appreciate all the feedback from last week and we made some improvements and will make more as we learn from our early efforts. This remains new territory for all of us so we appreciate your patience and understanding as we navigate this time.

I know that things like this virus and the distancing that it has caused can create anxiety, confusion, fear, and frustration and a host of other emotions and feelings. I am a decided extrovert and a people person so remaining largely at home is not easy for me but I know that it is necessary. On behalf of the staff I want each and everyone of you to know, we love you, we are praying for you and we can't wait to see you again in person. May God's spirit and strength guide us now and always. I invite you to read through the following Psalm. I find it reassuring.

Peace,  
David

## Psalm 16

### Song of Trust and Security in God

Protect me, O God, for in you I take refuge.

I say to the LORD, "You are my Lord;

I have no good apart from you."

As for the holy ones in the land, they are the noble,  
in whom is all my delight.

Those who choose another god multiply their sorrows;  
their drink offerings of blood I will not pour out  
or take their names upon my lips.

The LORD is my chosen portion and my cup;  
you hold my lot.

The boundary lines have fallen for me  
in pleasant places;

I have a goodly heritage.

I bless the LORD who gives me counsel;

in the night also my heart instructs me.

I keep the LORD always before me;

because he is at my right hand, I shall not be moved.

Therefore my heart is glad, and my soul rejoices;  
my body also rests secure.

For you do not give me up to Sheol,  
or let your faithful one see the Pit.

You show me the path of life.

In your presence there is fullness of joy;

in your right hand are pleasures forevermore.



# LENTEN REFLECTIONS

Easter is coming! Quick, everyone get their Sunday Sunday best out, make up that breakfast casserole for the church brunch, and get ready for a day full of joy! Easter is coming, and for that we are grateful.

However, Easter is not here yet. We still walk the wilderness of Lent. We still need to hear the stories of a King riding in on a donkey, friends breaking bread together, Jesus washing his disciples feet, prayers in the garden, arrests, persecution, carrying a cross, curtains being torn and day sky turns to night. We still have to sit in the ache and sadness of Good Friday and Holy Saturday.

This year for Lent I chose not to give anything up, but instead focus more on my prayer life. I confess that even as a pastor prayer is hard. Often times I don't pray because I don't want to own the situation I'm praying about. But this Lent, I wanted to focus on my prayer life. Journaling has always been a way for me to express my thoughts and form those prayers that I need to speak to God. So for this year I start my day writing a prayer. And at the end of the day I reflect on that prayer, journal about it, and then write a new prayer. It's been a little time consuming, being that it's a new practice, but it's helped me deepen and challenge my relationship with God. So here I sit (mid March)

thinking about Easter and how in just a few weeks my "goal" for this Lenten season will be over. But I think it's just as important to continue these faith practices past Easter morning. Lent is a set amount of time we get to dig deep, and maybe that has been a way for you to start a new faith practice or lifestyle change. My hope is that these practices continue even after we celebrate the resurrection. My prayer and love are with each of you as you continue to walk this Lenten journey.

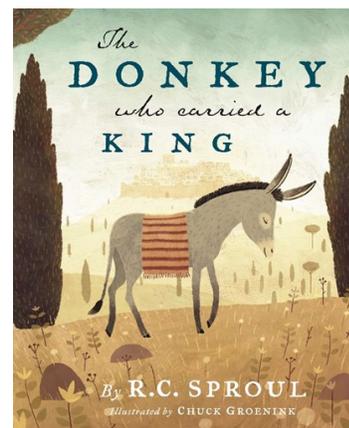


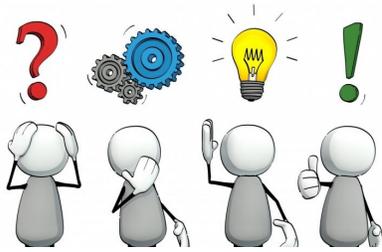
*O Lord, guide my steps as I walk. Help me to trust in you. As I go about my day make me mindful to your presence in my life. Help me to see you in the people I come into contact with. Walk with me O Lord. And when I'm weak, remind me to rest in you, to lean on you, and invite you into all aspects of my life. Amen.*

Joyfully,  
Emma

## THE BOOK CORNER

April is all about Easter! And this cute book "The Donkey who carried a King" helps children have a personal relationship with the passion and Easter story. Davey, the donkey, was never given anything to do. That's until he was picked to carry the King, Jesus, into Jerusalem. Davey is able to be around Jerusalem the rest of the week, and saw many things he didn't understand. He learns from another donkey how special this King really is, and what he was doing for his people. A fun little take on Holy Week told through the eyes of a donkey. I highly recommend this sweet book to be added to your collection of Children's books.





## Stew on This

By time we are reading this, the virus sweeping the nation (and the world) will likely be here in our local area. While acknowledging this is a serious risk and potential impact to many of us in terms of our health, and/or the health of our loved ones and neighbors, we can take comfort in our Faith and our life with God, and His promise to us via Jesus; life everlasting. When thought about broadly, we are stitched into a fabric of Christian life which crosses time eternal and weaves us with all our Christian neighbors. This focus can help bring us through these trying times.

We pray this virus will end soon, with limited or no impact to our lives or the lives of our neighbors and/or loved ones. However, the way it is spreading right now, we need to acknowledge it will likely be across our local area and quite possibly in our neighborhood. Over the next weeks (or maybe longer), the impact of socially distancing ourselves to slow the spread will mean we become more inward in our actions and thoughts.

These social distancing actions (depending upon risks) may include not having a pot luck, not performing music programs, many of our tenants not utilizing our facility for meetings and/or possibly not attending Services at church. Without gathering, it could be easy to become focused on ourselves.

During these times, we should be vigilant in our faith, and in reaching out to connect with any alternative means of communicating with our church and our church family. We need to also be creative in exploring how to give back, in particular since our normal channels could be disrupted.



Time, talent and treasures are still required to operate our church (whether we are there or not), to execute our programs as best we can, to plan for the events which will still happen just as soon as this virus event concludes, and to help our neighbors.



Times like these can test us. They can also be stressful on our friends and neighbors. Stay focused on “The Promise”, on our love for each other and the wonder of God’s creation. Be attentive to our neighbors and provide the time talent and treasures you can to help others though these times.



# Holy Week



## ***Palm Sunday | April 5th, 2020 / Whole Family of God Combined Worship at 11:00 am***

In most liturgical churches Palm Sunday is celebrated by the blessing and distribution of palm branches or the branches of other native trees representing the palm branches the crowd scattered in front of Christ as he rode into Jerusalem.

## ***Maundy Thursday Service | April 9th | 7:00 pm***

Maundy Thursday is an alternate name for Holy Thursday, the first of the three days of solemn remembrance of the events leading up to and immediately following the crucifixion of Jesus. The English word "Maundy" comes from the Latin *mandatum*, which means "commandment." As recorded in John's gospel, on his last night before his betrayal and arrest, Jesus washed the feet of his disciples and then gave them a new commandment to love one another as he had loved them (John 13:34). This is why services on this night generally include the washing of feet or other acts of physical care as an integral part of the celebration.

## ***Good Friday | April 10th***

Good Friday is a crucial day of the year because it celebrates what we believe to be the most momentous weekend in the history of the world. Ever since Jesus died and was raised, Christians have proclaimed the cross and resurrection of Jesus to be the decisive turning point for all creation. Paul considered it to be "of first importance" that Jesus died for our sins, was buried, and was raised to life on the third day, all in accordance with what God had promised all along in the Scriptures ([1 Corinthians 15:3](#)).

**Stations of the Cross** - Town Center - 12:00 pm | Begins at Town Center Fountain.

## ***Easter Sunday | April 12th | Traditional Worship 8 & 11 | Contemporary Worship 9***

Join us as we celebrate our risen Lord and Savior, Jesus Christ, with worship, music and communion.

## ***Easter Brunch & Egg Hunt | April 12th | 9:30 am***

Join us for Easter Brunch—bring a dish to share and of course bring your family & friends!

Easter Egg Hunt for children preschool aged—5th grade will begin at 10:30 am. Bring a basket to collect those eggs!

# Easter Sunday Activities

Join us on Easter Sunday for one or all of the activities happening here at Bayside!  
Bring your family & friends!

## Easter Morning Worship

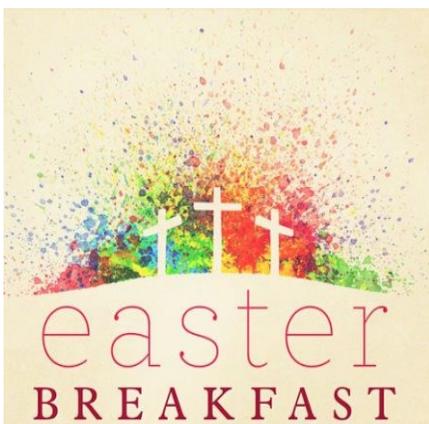
Like traditional worship?  
Join us at 8:00 am or 11:00 am  
for our Traditional Worship  
Services where we will sing  
hymns of worship, break  
bread, share the cup and  
Celebrate our Risen Lord and  
Savior!

# Traditional Service



Prefer a more contemporary  
worship style?  
Join us at 9:00 am for our Sail On Service  
where we will celebrate our Risen Lord  
and Savior with songs of praise, share  
communion, and . . . . .

# contemporary Worship



He is Risen Indeed!  
Come join us to celebrate at our  
annual Easter Breakfast!  
April 12th, 2020 at 9:30 am.  
Bring a dish to share!

The kids will enjoy the  
Easter Egg Hunt that will begin  
at 10:30 am.



# Daily Bible Reading

## APRIL

1	2 Samuel 1 – 3	11	1 Kings 6 – 7	21	2 Kings 9 – 10
2	2 Samuel 4 – 7	12	1 Kings 8 – 9	22	2 Kings 11 – 13
3	2 Samuel 8 – 11	13	1 Kings 10 – 12	23	2 Kings 14 – 16
4	2 Samuel 12 – 13	14	1 Kings 13 – 15	24	2 Kings 17 – 18
5	2 Samuel 14 – 16	15	1 Kings 16 – 18	25	2 Kings 19 – 21
6	2 Samuel 17 – 19	16	1 Kings 19 – 20	26	2 Kings 22 – 23
7	2 Samuel 20 – 22	17	1 Kings 21 – 22	27	2 Kings 24 – 25
8	2 Samuel 23 – 24	18	2 Kings 1 – 3	28	1 Chronicles 1 – 2
9	1 Kings 1 – 2	19	2 Kings 4 – 5	29	1 Chronicles 3 – 4
10	1 Kings 3 – 5	20	2 Kings 6 – 8	30	1 Chronicles 5 – 6

## Bayside Presbyterian Preschool & Kindergarten



Spring is here with all of its wonderful sights and warmer weather. The Preschool will be closed on Friday, April 10<sup>th</sup> for Good Friday and continuing the week of April 13<sup>th</sup> to April 17<sup>th</sup> for Easter and Spring Break. Classes will resume on Monday, April 20<sup>th</sup>.

Summer Camp Registration has begun with available openings in all 3 camps for children aged 2 ½ to 6 years old. Our June Camp 1 is “Farm Animals”, July Camp 2 is “Dinosaurs” and August Camp 3 is “Ocean Fun”.

Fall Registration for September 2020 spots are still available in the Two and ½’s W/F class, 4-day 4’s, 5-day 4’s and Kindergarten classes. All other classes are full with a waitlist at this time. Please email at [preschool@baysidepresby.org](mailto:preschool@baysidepresby.org) or call (757) 464-0292 to inquire about school registration or summer camps.

Happy Spring!

Kathy Armstrong

# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

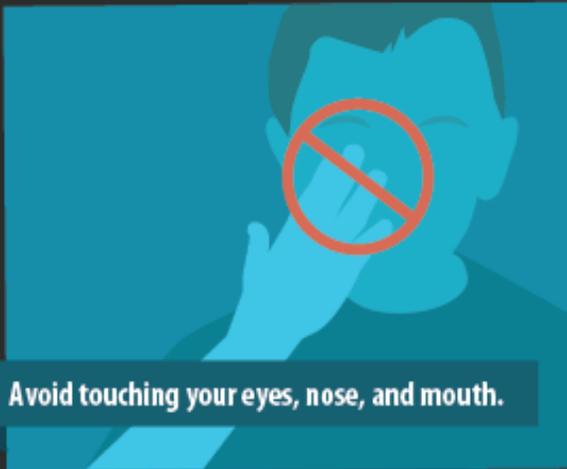
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



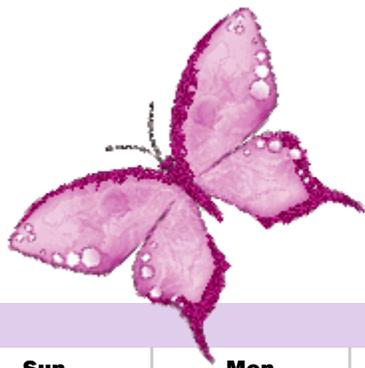
Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.

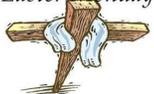


[cdc.gov/COVID19](https://cdc.gov/COVID19)



# April



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Due to the coronavirus all events for the month of April are subject to be cancelled and/or delayed.</b></p>			<p>1</p> <p>5:15 Dinner 5:45 JAM &amp; Children's Choir 6:00 Lenten Study "The Walk" 6:15 Handbells 7:30 Choir</p>	<p>2</p> <p>10:00 Yoga 11:20 Beginner Bells</p>	<p>3</p> <p>6:00 Parent's Night Out</p>	<p>4</p> <p>8:30 Outside Work Day</p>
<p>5</p> <p> <b>Palm Sunday</b></p> <p>10:00 Sunday School 11:00 Whole Family Of God Combined Worship</p> <p>5:30 Youth Group 6:00 Confirmation</p>	<p>6</p> <p>9:45 MOPs</p> <p>7:00 Praise Team</p>	<p>7</p> <p>9:15 SIS 9:30 Staff Mtg 10:00 Yoga</p> <p>7:00 Ministry Mtgs</p>	<p>8</p> <p>10:00 Circle 3 (WC)</p> <p>NO Wed @ Well Activities</p> <p>6:15 Handbells 7:30 Choir</p>	<p>9</p> <p>10:00 Yoga 11:30 Beginner Bells</p> <p> <b>Maundy Thursday</b> 7:00 Service</p>	<p>10</p> <p>PRESCHOOL CLOSED</p> <p> <b>GOOD FRIDAY</b></p>	<p>11</p> <p>7:30 Men's Brkfst</p> <p>9:00 Choir Rehearsal</p>
<p>12</p> <p> <b>Easter</b></p> <p>8:00 Traditional 9:00 Contemporary 9:30 Easter Brunch 10:00 Sunday School 10:30 Egg Hunt 11:00 Traditional</p>	<p>13 OFFICE CLOSED</p> <p><b>Easter Monday</b></p> <p></p> <p>6:30 Circle 10 &amp; 4 7:00 Circle 8 7:30 Praise Team</p>	<p>14</p> <p>7:45 Men's Brkfst 9:15 SIS 9:30 Staff Mtg 10:00 Yoga 10:00 Circle 6</p> <p>6:00 Stephen Ministries</p>	<p>15</p> <p>10:00 Genealogy</p> <p>NO Wed @ Well Activities</p> <p>6:15 Handbells 7:30 Choir</p>	<p>16</p> <p>10:00 Yoga 11:30 Beginner Bells</p>	<p>17</p> <p>5:00 Wedding Rehearsal</p>	<p>18</p>
<p>PRESCHOOL CLOSED — EASTER BREAK</p>						
<p>19</p> <p>8:00 Traditional 9:00 Contemporary 10:00 Sunday School 11:00 Traditional</p> <p>5:30 Youth Group</p>	<p>20</p> <p>9:45 MOPs</p> <p>7:00 Praise Team</p>	<p>21</p> <p>9:15 SIS 9:30 Staff Mtg 10:00 Yoga</p> <p>8:00 Session Mtg</p>	<p>22</p> <p>5:15 Dinner 5:45 JAM &amp; Children's Choir 6:00 Adult Fellowship 6:15 Handbells 7:30 Choir</p>	<p>23</p> <p>10:00 Yoga 11:30 Beginner Bells</p>	<p>24</p>	<p>25</p> <p>7:30 Men's Brkfst</p> <p>5:00 St. Columba Dinner &amp; Auction</p>
<p>26</p> <p>8:00 Traditional 9:00 Contemporary 10:00 Sunday School 11:00 Traditional</p> <p>5:30 Youth Group 6:00 Confirmation</p>	<p>27</p> <p>7:00 Praise Team</p>	<p>28</p> <p>7:45 Men's Brkfst 9:15 SIS 9:30 Staff Mtg 10:00 Yoga</p>	<p>29</p> <p>5:15 Dinner 5:45 JAM &amp; Children's Choir 6:00 Lenten Study "The Walk" 6:15 Handbells 7:30 Choir</p>	<p>30</p> <p>10:00 Yoga 11:30 Beginner Bells</p>	<p>HE IS RISEN- HE IS RISEN- INDEED</p> <p><b>ALLELUIA</b></p>	

# April Celebrations

## Birthdays

01-Apr	Janet L Baker Chandler Queenan	10-Apr	Jim Reid III	18-Apr	Lorraine Gasparovic Mary Hubbard Bill Reece
04-Apr	Rob Costello Judy Crossman Lee Fisher Mindy Liebau	11-Apr	Jean Basnight Zeke Wojcikowski	21-Apr	Dave Covington John Williams
07-Apr	Tori Noon	12-Apr	Abigail Crawford	23-Apr	Carolyn Walsh
08-Apr	Bridget Herron Mary O'Rourke William Saville Jr.	13-Apr	Roger Damuth	24-Apr	Deanna Rumney
09-Apr	Lindley Fox Bob Liebau	14-Apr	Nayoung Lim Jon Stough	26-Apr	Jenevra Davis Richard Harris
		15-Apr	Paula Owen	27-Apr	Penny Brown Abby Fedorowicz Missy Ludwick Thomas McLawhorn Nikki Salamon
		16-Apr	Jacqob Velasquez Ruiz	28-Apr	Terri Fish
		17-Apr	Susan Futch Guy Rawls	30-Apr	Lanelle Hawa Rob McCarthy IV Donald Staub



## Anniversaries

05-Apr	Robert & Anne Coffey
24-Apr	Charles & Ruth Tenney
07-Apr	Bob & Linda Allen
02-Apr	Donald & Janice Staub
10-Apr	Daniel & Elizabeth Touhey
24-Apr	Jane & Theodore Storer
16-Apr	Sperry & Betsy Davis
07-Apr	William & Donna Davis
10-Apr	Seth & Dana Lamade
05-Apr	Joseph & Angela Marcotte
07-Apr	Ed & Pam Spillman
08-Apr	Dianne & Dwight Towler
22-Apr	Michael & Lynn Hayes
19-Apr	Mathew & Morgan Rechkemmer
23-Apr	Caroline Rawls - Perry & John Perry



Bayside Presbyterian Church

# EASTER SUNDAY

April 12th, 2020

Traditional Service  
With Communion  
8 am & 11 am

Contemporary Service  
With Communion  
9:00 am



*Easter*  
**BRUNCH**

Sunday, April 12th  
9:30 am



Bayside Presbyterian Church  
1400 Ewell Road  
Virginia Beach, VA 23455  
757-460-1188  
[www.baysidepresby.org](http://www.baysidepresby.org)

*We are a covenant community of Christ's people seeking to know and do the will of God.  
Changing lives. Growing Christian disciples. Living God's word.*

# Symptoms

## Coronavirus

Symptoms range from mild to severe

## Cold

Gradual onset of symptoms

## Flu

Abrupt onset of symptoms



Fever

Common

Rare

Common



Fatigue

Sometimes

Sometimes

Common



Cough

Common\*  
(usually dry)

Mild

Common\*  
(usually dry)



Sneezing

No

Common

No



Aches and  
pains

Sometimes

Common

Common



Runny or  
stuffy nose

Rare

Common

Sometimes



Sore throat

Sometimes

Common

Sometimes



Diarrhea

Rare

No

Sometimes  
for children



Headaches

Sometimes

Rare

Common



Shortness  
of breath

Sometimes

No

No

Sources: World Health Organization, Centers for Disease Control and Prevention