

Bayside Presbyterian Women January 2020



Devotion

New Year, New Decade
- 2020 from Right From The Heart
Ministries

2020
Happy New Year

It's another New Year! And what, may I ask, is so special about a new year? Maybe it has to do with the fact that when one Monday is gone, another pops up seven days later. Decembers cycle back around each year; and as much as we'll miss the spring, we do take comfort in the fact that we'll see another one the following year. Years and decades, however, don't follow this same cycle. Once the 2019 calendar year expires, there will never be another one. Days, months, seasons, and holidays will all eventually return, but once this year is over, it's over.

Maybe that's why we tend to schedule our resolutions for change at the beginning of each New Year, hoping the old habits won't return much as that particular year won't return. This approach to changing ourselves is symbolic, of course. Real change requires so much more than a New Year's resolution. Why? Because it's tough to break established habits – especially habits that aren't particularly helpful. Thankfully, followers of Jesus who sincerely desire change have incredible hope! The first step is admitting that we are helpless, no matter how hard we strive, in our own strength. Lasting change requires God's help – and He's always willing and ready to help.

The Bible says if anyone is in Christ, then he is a new creation. This means that when we give our lives over to Christ, that our lives become transformed. Jesus changes us from the inside out. No longer are we defined by our past sins and baggage. The slate is wiped clean because of the blood of the cross. And that's reason to celebrate!

As we step not only into another new year but also a fresh, new decade – take some time to reflect. What have you learned? Where have you been? What have you come through? For Jesus followers, take a moment to thank God for how He walked with you through every up and down of the past decade. If you've never given your life to Jesus Christ in faith, why not mark this new decade as the beginning of your faith journey? Leave behind your past sins, regrets, and endless striving to change in your own strength and accept the gift of forgiveness and grace Jesus offers.

Benevolence in the spotlight HumanKind

— encourage. empower. enrich. —

HumanKind, formerly Presbyterian Homes & Family Services and the Family Alliance, is building on more than 100 years of faithful service to individuals and families across the region. Through care, counseling and education, they nurture dreams and offer hope to those searching for a brighter future.

HumanKind, has strengthened families and communities in many different capacities since 1903, changing services to meet the needs of the communities served. Starting as an orphanage by Presbyterians in Eastern Virginia, thousands of children grew up on their campus in Lynchburg due to difficult circumstances of their families. In the 1960's, resources were dedicated to address the growing demand of young adults with intellectual disabilities. A training center was built in Zuni, Virginia to teach life and employment skills. Over time, Zuni adapted to changing needs, this campus offers two models of care for Adults with Intellectual Disabilities and serves up to 44 residents. The campus is also home to our Zuni Gourmet Peanut Shop, which specializes in distributing high quality products that are guaranteed to satisfy even the most discriminating of tastes.

Through collaboration with communities and churches, more homes for adults with intellectual disabilities were developed in Fredericksburg, Waynesboro, Lynchburg, South Hill and Lexington. In their first 100 years, they fulfilled their mission by providing safe, healthy and loving homes first for children, then for adults with intellectual disabilities.

HumanKind has seven locations across Virginia to help serve children, adults and their families.

Learn more at: <https://www.humankind.org/mission-vision-values/>



Beginning Balance: \$ 1918.53
Ending Balance: \$ 1944.06

save
the
date



Always needed:
- Juice (approx. 64 oz) any kind
- Canned fruits of any size



Upcoming dates to remember:

- Discussion on the 10 Warning signs of Alzheimer's, 14 January @ 6:30
- Martin Luther King Jr. Day, 20 January

